

# HDL CHOLESTEROL - DIRECT

METHOD – DIRECT HOMOGENEOUS  
PRODUCT CODE – LH02

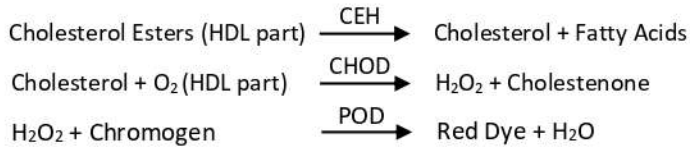


## INSTRUCTIONS FOR USE

**INTENDED USE:** Test for estimation of HDL Cholesterol in serum / plasma using Direct Homogenous method.

### SUMMARY AND PRINCIPLE

Low HDL Cholesterol levels are associated with coronary heart disease. HDL particles regulate the cholesterol levels by uptaking and transport from peripheral tissue to liver. The reagent is for use on automated clinical chemistry analyser.



### KIT COMPONENTS

Reagent 1: HDL Direct Reagent 1  
Reagent 2: HDL Direct Reagent 2  
Reagent 3: HDL Calibrator

### REAGENT PREPARATION, STORAGE & STABILITY

Reagent R1 and R2 are ready to use liquid reagent. The reagent kit should be stored at 2-8 °C and is stable till the expiry date indicated on the label.

### PRECAUTIONS & HANDLING

The reagents/samples should be handled by qualified personnel only. Discard reagent/sample as per good laboratory practices and local regulatory requirements. Read the instructions given on the labels and instructions for use carefully before using the kit. The kit is intended for in-vitro diagnostic use only. Don't freeze the reagent. Do not shake the reagent vigorously. Discard the reagent if the absorbance of the reagent exceeds 0.300 O.D. against D/W at 546 nm. Contamination of the reagent should be avoided.

### TEST PARAMETERS

Name	HDL Chol	Reagent Volume 1	600 µl
Reaction Type	End Point	Sample Volume	5 µl
Primary Wavelength	546 nm	1 <sup>st</sup> Incubation Time	5 mins
Secondary Wavelength	630 nm	1 <sup>st</sup> Incubation Temperature	37 °C
Flow Cell Temp.	37 °C	Reagent 2 Volume	200 µl
Blank setting	D.W.	2 <sup>nd</sup> Incubation Time	5 mins
Blank abs. limit	< 0.300	2 <sup>nd</sup> Incubation Temperature	37 °C
Linearity	400 mg/dL	Calibrator Conc.	On Vial

### MATERIALS REQUIRED BUT NOT PROVIDED

Test tubes, Micropipette with tips, Analyzer, Controls, Incubation chamber.

### SPECIMEN COLLECTION & PRESERVATION

Blood should be collected in a clean dry container. Fasting blood is preferred for HDL Cholesterol assay. HDL Cholesterol in the serum is stable for 7 days when stored at 2-8 °C.

### COMPONENTS OF REAGENT

Component	Concentration
Goods Buffer, pH 7.0	20 mmol/l
Cholesterol Oxidase	> 6000 IU/L
Cholesterol Esterase	>300 IU/L

Peroxidase	>15000 IU/L
Chromogen	3 mmol/l
Stabilizers, inactive ingredients and surface-active agents.	-

### ASSAY PROCEDURE

	Calibrator	Test
Reagent 1	600 µl	600 µl
Calibrator	5 µl	NA
Sample	NA	5 µl
1st Incubation: Mix the reagent and sample/calibrator in the above-mentioned ratio and incubate for 5 mins at 37 °C.		
Reagent 2	200 µl	200 µl
2nd Incubation: Add Reagent 2 & incubate for 5 mins at 37 °C.		
Aspirate the reaction mixture in the flow cell and measure abs.		
The final colour is stable for 2 hours if not exposed to light.		

### CALCULATION

$$\text{HDL Cholesterol (mg/dL)} = \frac{\text{Abs. of sample} \times \text{Conc. On vial label}}{\text{Abs. of standard}}$$

### REFERENCE VALUES FOR NORMAL PEOPLE

HDL Cholesterol: 30 to 70 mg/dL. (<30 mg/dL indicates cardiac risk)

### PERFORMANCE CHARACTERISTICS

**Measuring Range:** The assay is linear between 3.5 - 400 mg/dL. If the HDL Cholesterol value exceeds linearity limit (above 400 mg/dL), dilute the specimen suitably with normal saline and repeat the assay. In that case, assay value should be multiplied with the dilution factor to obtain correct HDL Cholesterol value of the specimen.

**Interference:** There is no significant interference in samples containing Bilirubin upto 20 mg/dL, Ascorbic Acid upto 4 mg/dL and Haemoglobin upto 500 mg/dL.

**Precision:** Precision studies has been carried out using quality control sera as shown below:

(n=10)	Within Run			Between Run		
	Mean (mg/dL)	SD (mg/dL)	CV %	Mean (mg/dL)	SD (mg/dL)	CV %
Low Value Serum	29.58	0.89	3.0	24.2	0.64	2.6
High Value Serum	70.88	0.67	0.9	75.22	0.58	0.8

Note: We recommend all the laboratories to establish its own accuracy and precision data.

### QUALITY CONTROL













Inclusion of a normal value and abnormal value chemistry control serum in each test run ensures optimum quality control. Consistent use of same type and methodology of control serum provides between run precision and accuracy data for HDL Cholesterol. We recommend to produce such data on daily basis for greater accuracy in assay system which include reagents, instrument, apparatus and operator.

**PRECAUTIONS**

HDL reagents include ingredients which may affect magnesium assays; therefore, it is recommended to wash the cuvettes thoroughly after using the reagents. Recalibrate the instrument (with freshly reconstituted calibrator) if control sera values show inaccurate results.

**BIBLIOGRAPHY**

1. Gordon T, Castelli WP, Hjortland MC, *et al.* Am J Med 1977; 62:707-714.
2. Dominiczak M, Mc Namara J. The system of cardiovascular prevention, 103-125: Nauk M, Wiebe D, Warnick G. Measurement of High-density lipoprotein Cholesterol 221-244.
3. Hatch FT, Lees RS Practical methods for plasma lipoprotein analysis Adv Lipid Res 1968,6:1-68.
4. Matsuzaki Y, Kawaguchi E, Morita Y *et al* Evaluation of two kinds of Reagents for direct determination of HDL- Cholesterol J Anal Bio sc 1996;19:419-427.

Symbol	Explanation	Symbol	Explanation
	Manufactured By		In Vitro Diagnostic Use
	Lot Number		Read Instructions Before Use
	Catalogue Number		Storage Temperature
	Manufacturing Date		Number of Tests / Volume
	Expiry Date		Do Not Reuse
	Protect from Sunlight		Keep Dry